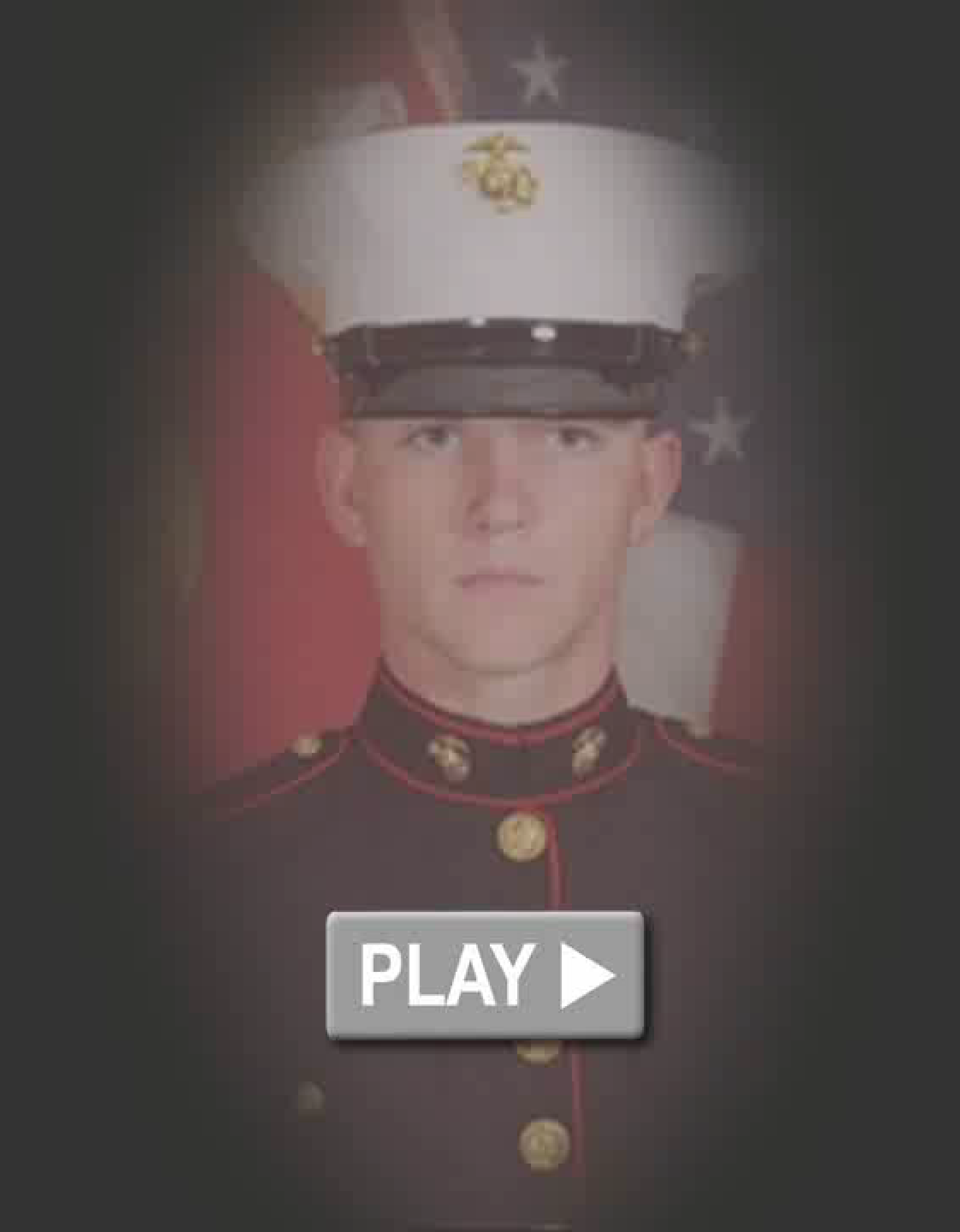
SUICIDE PREVENTION & AWARENESS

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07 NOV 2012


PLAY

TRUE OR FALSE

1. People commit suicide without warning.
2. People who commit suicide are intent on killing themselves.
3. Christmas is a high suicide month.
4. Women only threaten suicide, while men are successful.

SUICIDAL AWARENSS

1. **Gender: Not specific**
2. **Age: Not Specific**
3. **Race: Not Specific**
4. **Soc-Econ: Not Specific**
5. **Geo-Econ: Not Specific**

WHY COMMIT SUICIDE

1. Family Problems
2. Financial Problems
3. Suicide of a Close Friend
4. Death of a Family Member
5. The “Success Quotient”

WARNING SIGNS

1. **Prolonged Depression**
2. **Marked Changes in Personality**
3. **Making “Final Arrangements”**
4. **Suicidal Threats**
5. **Suicidal Gesture**

WHAT TO DO: "R.A.C.E."

R = Recognize

A = Act

C = Care

E = Escort


PLAY